

I Like, We Like

Objective

We all know the feeling of walking into a room, seeing small clusters of people spread across the space, and not knowing where we belong. It's hard to feel disconnected. As an instructor, it's important for you to provide opportunities for your students to get to know one another in an engaging, pressure-free environment.

Students will make connections, increase social skills, and feel a sense of belonging.

Goals

Develops belonging, trust, turn-taking, social awareness, relationship skills, and listening

Directions

1. Ask everyone to spread out across the room.
2. One person announces something they like.
3. Anyone else who likes that same thing walks over to the person who shared, forming a small huddle.
4. Someone else, who is not in the huddle, announces something they like, repeating the process.

Modifications

Level Down

- ↓ Offer a [choice board](#) to students who need additional support
- ↓ Play as a group, putting one person at a time in the middle of the circle to share
- ↓ Play "Four Corners" by providing four options and asking students to walk to the corner that expresses their preference ([Example Slides](#))

Level Up

↑ Play until no participant is standing alone and the room is full of huddles

Reflection

Ask participants, "What is one thing you have in common with another classmate?"